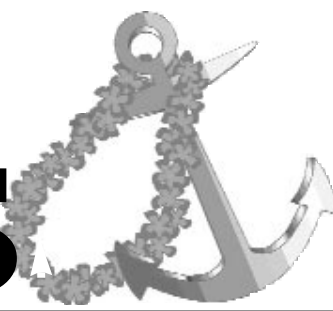


# Hawaii Navy News



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## IN BRIEF

### NCTAMS CPO Association holds 5k run

Naval Computer Telecommunication Area Master Station (NCTAMS), Pacific, Chief Petty Officer Association is hosting an Inaugural Rainbow Run 5k Aug. 26 at 7 a.m.

The run is at NCTAMS located in Wahiawa after you pass through Whitmore village. Military entries are only \$12. Children are \$10. Civilian entries are \$15.

Civilians need to register early to coordinate entry to the base.

For application e-mail [tuttleh@nctamspac.navy.mil](mailto:tuttleh@nctamspac.navy.mil) or phone 477-3643.

### Sailors needed for Junior Achievement volunteers

Join the hundreds of military professionals who help students learn about career exploration, money management and community involvement.

Easy to teach materials and training is provided to ensure a fun and rewarding experience for everybody. No teaching experience is necessary. Just a desire to share your knowledge and expertise with students from kindergarten through 12th grade.

Call Dan Clark at Junior Achievement, 486-8806, extension 12.

### TRICARE Healthcare website

Active duty, families and retirees can find information on TRICARE benefits and local health care providers on the web at: <http://tricare-pactamc>.

## INSIDE



Bloch Arena offers a variety of ways to live a healthier and more fit life style...B-1

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## QOL improvements coming on line following Ohana Conference 2000

By J01 Gerard Sekerak  
NAVY REGION HAWAII

The Navy Ohana in Hawaii will start seeing improvements come on line because of the fifth annual Ohana conference held March 1-2.

"Navy Region Hawaii leadership has taken the information gathered from this year's conference and is using it to improve the quality of life for Sailors and their families at the local level," said Christine A. Hesemann, an analyst in the Navy Region Hawaii Business Office.

The Hawaii Navy Ohana Quality of Life program was established in 1995 to demonstrate Navy leadership's commitment to improving the quality of life for the Hawaii Navy Ohana.

The program is a process that involves identifying quality of life issues to senior Navy leadership to raise awareness and to take action for improving the quality of life for the Navy's Ohana in Hawaii.

"One of the most important things that we can do for our Sailors and their

▼ See OHANA, A-6



file photo

Navy Ohana in Hawaii will see improvements online soon, due to the fifth annual Ohana conference held this past March. One of the major Quality of Life areas that the conference focused on was new housing for junior enlisted servicemembers. Pictured above is a recent traditional Hawaiian blessing of the new Hale Moku homes.

## Commander Submarine Squadron Three changes hands



Lori Cravalho photo

Adm. Al Konetzni, Commander Submarine Force Pacific Fleet, renders honors as he departs the USS Honolulu (SSN 718) during the Commander Submarine Squadron Three change of command.

By J02 Cori Rhea  
COMSUBPAC PUBLIC AFFAIRS  
OFFICE

Capt. David H. Thieman relieved Capt. Jeffrey L. Fowler as Commander Submarine Squadron Three recently. Fowler served in that capacity from June 1999 to August 2000.

Friends and family of Fowler and Thieman attended the change of command ceremony onboard USS Honolulu (SSN 718). The ceremony began with Adm. Al Konetzni, Commander Submarine Force Pacific Fleet, expressing his sincere gratitude for Fowler's dedicated service.

"Capt. Fowler led his boats and his Sailors through an unbelievable diverse array of challenges, and each one came out exceeding all of my expectations. He led his team well, did a great job mentoring the skippers and I have much more faith in them because of him. While I am sad to see him go, I recognize that his departure is better for the force,

the Navy and the country" said Konetzni.

Fowler and his family will head to Omaha, Neb. where he will report for duty as Executive Assistant for the Commander in Chief, U.S. Strategic Command.

Fowler expressed, "I've had the blessing of living a healthy life, loving a special family, learning about our great country and its military and leaving behind a group of men and warships who are ready to defend our interests anywhere in the world."

"My family and I look forward with great enthusiasm and excitement to our next challenge at STRATCOM. We are motivated to live, to love, to learn and to leave a legacy in Omaha," he added.

Konetzni blessed the transition as he discussed his trust in Capt. Thieman as he follows Capt. Fowler.

"Capt. Thieman, is the right guy to take this squadron to greater heights. I look forward to working with him," said Konetzni.

Thieman reports to Squadron Three from the Office of Secretary Defense in Washington D.C.

"I am looking forward to getting to know everyone in Squadron Three and the rest of the Pacific Fleet," he said.

## CPO selection board reports outstanding opportunity

By Navy Personnel  
Command Public Affairs

Thousands of first class petty officers will pin on their anchors in September as 5,161 Sailors were recently selected for promotion to chief petty officer.

Advancement opportunity for the FY-01 Active Duty E-7 Selection Board was outstanding; overall selection to chief was 26 percent, vice 19 percent last year. In session for just over three weeks at Navy Personnel Command (NPC) in Millington, Tenn., the 112 enlisted and 28 officer board members reviewed the records of 19,848 eligible candidates.

"The results of the E-7 board send our people the signal that we truly value

them, we recognize the awesome work they do, and we are striving to increase advancement opportunities at every turn to keep them in the Navy," said Vice Adm. Norb Ryan Jr., Chief of Naval Personnel.

After careful review of thousands of records, the following five factors were suggested by the selection board as being the most important determinants of success:

- Documented leadership. Numbers of personnel supervised; participation and active leadership in major command-wide collateral duties are weighted more heavily than departmental duties.

- Evaluated deck time at sea as an LPO (leading petty officer).

- Command-wide break-

outs in fitness reports (FITREPS)/ evaluations (EVALS) were very persuasive. The reporting senior's recommendations for promotion, as well as qualitative block 41 remarks regarding potential for future assignment are also very important.

- Well-rounded, proper sea/shore rotation is a must.

- Adverse performance (i.e. non-judicial punishment, failure of physical readiness test, etc.) is a detractor.

Keep in mind that boards may look at FITREPS/EVALS as far back as E-5, so it's extremely important for young petty officers to prepare accordingly for chief petty officer.

One thing all Sailors eligible for a selection board can do is carefully review their

microfiche and Enlisted Summary Record (ESR) at least six months before the board convenes.

Microfiche and ESRs can be ordered from NPC using forms available on the Internet at <http://www.per-snet.navy.mil/selectbd/sbpr ep.html>. Once completed and signed, the forms can be faxed to NPC at (901) 874-2664 (DSN 882). A signature is required to process each form.

Selection boards rely on complete, up-to-date records to choose those most qualified for advancement. Ensuring your record contains your current FITREPS/EVALS and reflects all of your qualifications and achievements gives you the best possible chance for promotion.

## Chinese naval ships to visit Pearl Harbor

By OASD Public Affairs

Two naval vessels from the People's Republic of China (PRC) will make port visits to Pearl Harbor, Hawaii, and Naval Station Everett, Wash., as part of a goodwill cruise to the United States.

The participating ships are Qingdao (DDG-113), a Luh class guided-missile destroyer, and Taicang (AOR 575), a Fuyang class oiler. The crews will visit Pearl Harbor Sept. 5-7, and then Everett, Wash. Sept. 15-18. The senior People's Liberation Army (Navy) representative will be Rear Adm. Lu Fangqiu, the chief of staff of the North Sea fleet.

The U.S.-China relationship is of great importance to the long-term political, military, and economic interests of our nation. The navies are the two largest in the Asia-Pacific region. Interaction between them increases mutual understanding and confidence.

During the visits, Chinese and U.S. sailors will have the opportunity to interact and take unclassified tours of each other's ships. The Chinese will have the opportunity to learn more about the United States and experience the unique cultures in Hawaii and the Pacific Northwest.

It is anticipated that the Chinese ships will be open for limited public tours during their visit to Hawaii, and the Navy will announce these visits as soon as their schedule is finalized.

For questions specifically about the activities in Hawaii, contact the Navy Region Hawaii Public Affairs Office at 471-0281. Supporting information about the port visits will be available on the internet at the Pacific Fleet website <http://www.cpf.navy.mil>.